



PCE
Building Resilience. Restoring Hope

PCE Press Newsletter - October 2021

PCE Celebrates its Graduates!

As we jump back into the new school year, we want to take a minute to acknowledge the last year. Even with a year of remote learning, PCE scholars prevailed!! We are so pleased to announce that there was a total of 62 PCE youth who graduated from Kindergarten through High School respectively. While all the youth were acknowledged in some way, we placed special emphasis on our High School graduates. Many of them had to endure virtual senior awards nights, forego their senior prom, and have virtual graduation ceremonies. Members of the "PCE Volunteer Team" surprised seniors with a "Drive Thru" to their homes to personally deliver congratulatory certificates and tassels. We are so proud of all our graduates! Job well done!



Thank You Montclair Art Museum

PCE collaborated with the Montclair Art Museum (MAM) during Mental Health Awareness Month. MAM understands the importance of mental health and agreed to host a "Mindfulness Art Workshop". Families enjoyed a guided expressive art session with discussion centered around positive and healthy well-being. PCE also participated in the MAM Fall Fest in September. It was a day of art, culture, and community! A great time was had by all.



Calling All Caregivers!

PCE is looking for parents/caregivers within the Essex County community to share their successes as well as their needs regarding supports and resources for youth. Your voice can be a force to assist service providers improve upon the existing resources, as well as help advocate for new ones.

Join us virtually every 3rd Wednesday of the month from 6-7pm. You can listen, comment, and along with other parents, gain the support you may need during your own parenting journey.

For more information email our Community Resource Department at ResourceDpt@pcenj.org.

We can't wait to meet you!!

The 1st Annual Youth Transition Conference was a Huge Success!

PCE was proud to collaborate and assist with the yearlong planning of the 1st Annual Youth Transition Conference (YTC) on October 1st and 2nd.

Thanks to the dynamic keynote speakers and workshop presenters, the YTC was able to provide a plethora of essential information on transition for our NJ communities. We believe that professionals, youth and families will find that these resources are extremely helpful during the transition processes today and for years to come. We extend heartfelt gratitude to all that were able to participate and look forward to next year's conference!

Each presentation has been uploaded to the YTC website and can be found here:
www.njyouthtransition.life

HAS YOUR CHILD BEEN STRUGGLING AT HOME, IN SCHOOL, OR IN THE COMMUNITY
IN ANY OF THE FOLLOWING AREAS:

- EMOTIONAL/BEHAVIORAL HEALTH NEEDS
- DEVELOPMENTAL/INTELLECTUAL DISABILITIES
- SUBSTANCE USE/ABUSE
- HIGH RISK BEHAVIORS

**PCE PROVIDES CARE COORDINATION AND COMMUNITY BASED SERVICES TO ADDRESS
THE NEEDS OF YOUR CHILD BETWEEN THE AGES OF 4-21.**

**To learn more visit us at www.pcenj.org or call 973-323-3000
Press option 5 to speak to a PCE representative**

****For immediate crisis assistance, contact PerformCare at 1-877-652-7624****



Visit our website

