



PCE
Building Resilience, Restoring Hope

PCE Press Newsletter - June 2021

Mental Health Matters

On May 7th, PCE celebrated National Children's Mental Health Awareness Day by collaborating with Isaiah House/YES Program and the East Orange community. The focus of the collaboration was to help end the stigma associated with mental health challenges and "flip the script" by talking about it, providing resources and celebrating the uniqueness of every individual. It was a fun day to have conversation and engage with the community by providing food, kite making, raffles and most importantly being able to immediately connect children and families to the mental health resources that they need in a safe and supportive environment!



Sharing is Caring

Janice Wiggins is a member of PCE's caregiver Leadership Group and is the parent of a child with emotional and developmental challenges. She has successfully developed a resource that has proven helpful to other parents and caregivers — a weekly podcast called, **Sheltered Journey**. The podcast, which can be accessed from any smartphone, iPad, or computer, helps parents and caregivers of children with emotional, behavioral, developmental and intellectual challenges feel less alone and less isolated by offering shared experiences and having those experiences acknowledged and honored. Feelings such as "Is this just me?" or "We can't be the only ones experiencing this..." or "No one I know gets what this feels like..." are supported and given voice within a safe environment.

Be sure to check out all the current episodes of the **Sheltered Journey** podcast (with new ones posted every Monday!)

[LISTEN HERE](#)

"In Loving Memory: His Work lives On" September 6, 1949 – March 31, 2021



The Honorable James George Troiano, J.S.C of the Superior Court of Essex county was a beloved system partner of Partnership for Children of Essex. One of his greatest passions was his involvement with juvenile justice. A strong advocate for mental health, he always worked towards getting kids the assistance they truly needed. It was his strong desire to help kids that initiated his long-standing relationship with PCE and more specifically our Court Liaisons. Amy Godfrey, Court Operations Manager for PCE, remembers the

overwhelming feeling that Judge Troiano could evoke in the courtroom especially for our Care Managers "He always made you feel seen and heard, conveying to the court that you had the right to be there." This helped to solidify PCE's presence in the court system. Judge Troiano lived an honorable and successful life touching the hearts of so many. He cherished his close relationships, personal and professional. He will forever be missed but never could he be forgotten. He will live on in the hearts of everyone who knew him. Rest in peace Judge Troiano, your work lives on.

Sensory Garden Event



April 24, 2021~What a perfect hot and sunny day it was to host an Inclusive Sensory Garden Event for those with Intellectual and/or Development Disabilities and the Bloomfield Community. PCE along with the Family Support Organization of Essex County and Bloomfield Community Gardens sponsored this event with the support of Home Depot of Bloomfield, the Bloomfield Police and Fire Departments as well as Essex County Special Child Health Services. Activities included making bird feeders, rock painting and planting seedlings. We had fun getting our hands dirty...planting seeds of change!

PCE would like to send a special THANK YOU to Triple Double Juice Company in East Orange for collaborating with us and creating a healthy and delicious BLUE SMOOTHIE for Autism Awareness Day!!



Shout Out to Montclair Girl Scout Troop 20371



PCE would like to send a special thank you to Elizabeth La Blanc-Leader of Montclair Girl Scout Troop 20371. The troop's most recent community service project landed PCE youth an opportunity to celebrate their birthdays with a "Birthday Bag" that includes cake mix, frosting, sprinkles and candles to make any birthday a happy one!

PCE Gives Back Too



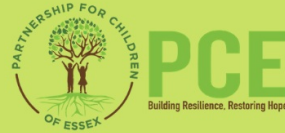
Shout out to the PCE Giveback Committee for their work within the community. The Team was developed to integrate PCE into the inner workings of the community by providing information, events and volunteerism. Thank you to the County of Essex, specifically Jessica Torres, Continuum of Care Coordinator, for allowing us to lend a hand at the Emergency Food Distribution Sites. It was a very rewarding experience!

WE'RE HIRING!

Make a difference in the lives of
youth and families

Check out our job openings on
Indeed.com

Learn more about us at
www.pcenj.org



[Visit our website](#)

